

One in four men will suffer from benign prostatic hyperplasia (BPH) over their lifetime. 30% men over the age of 50 have urinary symptoms, such as frequent urination at day and night. Other symptoms include: poor and/or intermittent stream, straining, prolonged micturition, feeling of incomplete bladder emptying, etc.

In male these clinical symptoms are mostly caused by enlarged prostate or BPH, namely lower urinary tract symptoms (LUTS). Urinary symptoms are very bothersome; therefore, many men try to get rid of them.

Now, **LUTS in men is treated with risky medications** and or surgical procedures, which lead to sexual dysfunction and depression. To avoid unreasonable use of unsafe BPH drugs and surgeries, Fine Treatment, http://finetreatment.com, for the management of BPH recommends innovative Thermobalancing therapy with Dr Allen's Device.

**The successful results of using the device** led to the publication of various articles in medical journals, one of which was as follows: "Thermobalancing conservative treatment for moderate-to-low-degree lower urinary tract symptoms (LUTS) secondary to prostate enlargement."

## 1. What are problems after modern treatments of enlarged prostate?

Drug therapy for patients with BPH is considered less harmful to their health and quality of life than surgeries. Alpha-blockers are the mostly prescribed drugs that work by relaxing smooth muscle at the bladder neck. They all have similar side effects: weakness, retrograde ejaculation, headaches, etc.

5-alpha-reductase inhibitors have hormonal effect converting testosterone into dihydrotestosterone. They are finasteride and dutasteride, Avodart, Proscar and Propecia. They all may develop serious irreversible health problems, like **impotence, diabetes, sexual** 

## dysfunction and depression.

In addition, the long-term medical therapy do not protect men from a BPH surgery, which may cause serious irreversible complications as well.

## 2. Thermobalancing therapy stops prostate enlargement without problems

A clinical study was investigated 124 men with BPH before and after use of Dr Allen's device, as a monotherapy, for 6-month period. The outcomes confirmed the effectiveness and safety of Thermobalancing therapy.

It was found that **Dr Allen's Device reduces the size of enlarged prostate** and patients reported a significant improvement to LUTS and the quality of life.

Safety and effectiveness of Thermobalancing therapy with Dr Allen's Device were discussed at the conferences across the world. The results of this clinical study were published in different medical journals, for instance, "Thermobalancing therapy should be used worldwide as first line treatment for men with LUTS due to BPH to improve men's health and wellbeing," in World Scientific News.

Fine Treatment , delivers device worldwide by Royal Mail tracking service. Thus, any man diagnosed with BPH can easily get and use this therapy and improve his quality of life and well-being.

## 3. Thermobalancing therapy in watchful waiting improves management of BPH

Thermobalancing therapy and Dr Allen's device received a U.S. patent. Dr Allen's Device is a class 1 medical device, which is side effects free, so any man can use it at home. The ability of therapy to prevent the use of highrisk drugs and operations for BPH makes it necessary instead of watchful waiting.

Dr Allen's device is a unique appliance, which for the first time uses its own body temperature to treat an affected prostate. The thermoelement in the device, which is tightly attached to the skin, accumulates body heat and becomes the source of the energy itself, allowing the Thermobalancing therapy.

The article "Use of Thermobalancing therapy in ageing male with benign prostatic hyperplasia with a focus on etiology and pathophysiology" in The Aging Male, a leading medical journal dedicated to health of older men, explains how this therapy works.

Fine Treatment distributes Dr Allen's device for prostate treatment worldwide for a decade. **10-year empirical observation have demonstrated that Dr Allen's Device effectively treats LUTS due to BPH.** 

An article: "In the guidelines for physicians and urologists "watchful waiting" for benign prostatic hyperplasia (BPH) should be replaced with Thermobalancing therapy that treats prostate effectively, cost-effectively and safely" indicates that Dr Allen's device is free from side effects and it should be used instead watchful waiting to improve men's wellbeing.