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The Journal of Pain, published by the American Pain Society, reports that about 50 million American adults have moderate chronic pain or severe pain. More than half of them are included in the lower back pain group.

The quality of treatment for patients with chronic back pain can be improved by introducing the Origin of Disease, which was created by a href="https://www.finetreatment.com/">Dr Simon Allen. The essence of this therapy lies in the basis of Thermobalancing therapy and the therapeutic device, which received a patent in the United States, as the "Therapeutic device and method".

This therapy for the first time uses the body's own

energy for chronic pain relief in the lower back. It solves the problems associated with degenerative changes in the spinal discs and inflammation of the sciatic nerve.

Chronic pain is one of the most common reasons why adults seek medical care. People with chronic pain are limited in mobility. They are addicted to drugs and are anxious and depressed. Therefore, people need a new approach to the treatment of back pain, which will fight with its origin.

Conventional pain medications for back pain are risky

Medical therapy and surgery for chronic pain provide symptomatic relief. People with low back pain are not satisfied with modern methods of treatment and are trying to find the best solution, so they often visit medical specialists with complaints of depression, sleep disorders and pain.

Medications cannot reach painful areas in the back, so they are helpless in treating the cause of a problem, responsible for pain.

Opioid-drugs act on the nervous system to relieve pain. They can lead to severe constipation, nausea, itching, dizziness and physical dependence and withdrawal symptoms. Other painkillers, like nonsteroidal anti-

inflammatory drugs, acetaminophen and anticonvulsants have serious side effects causing lifethreatening gastroenterological and cardiovascular diseases.

Injections to spine and other surgical procedures to treat back pain lead to severe complications with a possible disability. That is why, the American College of Physicians, the largest medical-specialty society in the world, updated its low back pain treatment guideline in 2017 to support a conservative approach to care.

Managing chronic backache with Thermobalancing therapy is safe

The Origin of Diseases by Dr Allen states that the cause of chronic internal diseases, including back pain, is as follows: different triggers, like infection, stress or excess of elements in blood, can irritate the tissue around the intervertebral disc.

As a result, swelling in this area occurs with insufficient blood circulation. This creates the microfocus hypothermia in this tissue. This leads to capillary expansion and, consequently, to greater pressure in the affected area. Thus, the physiological processes at the capillary level in the spine become pathological,

increasing swelling around the nerves and pain.

Dr Allen's Device eliminates the focus of hypothermia and continuous use of Thermobalancing therapy increases blood circulation in the affected area, stopping swelling and leading to pain relief.

The article "The vascular factor plays the main role in the cause of pain in men with chronic prostatitis and chronic pelvic pain syndrome" shows that Thermobalancing therapy provides relief from pain due to improved blood circulation at the capillary level.

New emphasis in the treatment of chronic back pain

Innovative Thermobalancing therapy shows a new approach to the treatment of chronic pain. Dr Allen's devices are designed to treat various parts of the spine column. The thermoelement that accumulates the naturally emitted body heat and becomes a source of energy, is made on the basis of a special mixture of waxes.

Dr Allen's device for lower spine treatment consists of one thermo-element and a belt that applies this thermoelement to the body. Dr Allen's Device for Sciatica Treatment applies 2 thermoelements in two areas, near the vertebrae and on side of the buttocks. Dr Allen's Device for Upper Sine Treatment applies 2 natural thermoelements to the thoracic spine.

Dr Allen's device is a class 1 medical device, which does not require the involvement of a notified body. The device is harmless, so people can use it at home without worrying about side effects. Fine Treatment delivers the device worldwide using Royal Mail and USPS tracking service.

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