

## Lower back pain treatment by Dr Allen's Device uses the body's own energy



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By **Posted by Kathy Colace, Community Contributor**

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**O**steoarthritis of the spine is associated with chronic back pain. Lumbar spine osteoarthritis affects more than 20 million Americans, and the number is expected to increase.

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Thermobalancing therapy, patented by the USPTO, is a treatment that for the first time in the world uses the body's own energy to treat chronic pain. This therapy using Dr Allen's devices to treat the lower and upper spine and sciatica provides effective pain relief without side effects.

Conventional treatments for chronic back pain are helpless. Medical therapy cannot reach the painful area in the spine and should be used as a short-term treatment to relieve back pain. Long-term drug use can cause various health problems. A surgical procedure, including spinal injection, can lead to serious complications with possible disability.

Different supplements for treating for treating chronic back pain are usually ineffective, and their protection of joint health or the prevention of osteoarthritis is questionable.

### **The efficacy of unsafe conventional treatments for chronic back pain is doubtful**

Opioid-based medication should be limited, since opioid dependence and overdose have increased dramatically, becoming a full-fledged public health emergency. In addition, people with back pain who take opioid drugs suffer from constipation, nausea, itching, dizziness, etc.

An alternative to opioid painkillers are nonsteroidal anti-inflammatory drugs, acetaminophen, anticonvulsants, and others that have serious side effects and can cause health problems that are not associated with back pain, such as gastroenterological and cardiovascular events.

A recent study in the Canadian Medical Association Journal demonstrated that the use of anticonvulsants for the treatment of low back pain or lumbar radicular pain is ineffective, and gabapentinoids had an increased risk of side effects.

Back surgery is expensive and can vary in price from 20,000 to 150,000 dollars. The article "The long-term results of lumbar spinal stenosis: the results of eight years of research on a patient's spinal research results" demonstrates the diminishing benefits of surgery as a treatment for the spine. At the same time, surgical interventions can lead to irreversible complications.

Many people try to treat or prevent back pain with supplements like glucosamine and chondroitin. A Harvard Medical School study warns to take these supplements with caution, as people taking the glucosamine-chondroitin combination reported diarrhea and abdominal pain more often than patients taking a placebo. Other reported side effects include heartburn, drowsiness, headaches, allergic reactions.

## **The energy of human's body can treat chronic back pain**

Dr Allen's Device uses own body's own energy to treat chronic back pain with Thermobalancing therapy, and it works.

Thermoelement (s) in devices must be tightly attached to the skin over the projection of the painful area. This thermoelement is made of a special blend of waxes,

which can accumulate body heat and hold it. Thus, the device becomes the source of the energy itself, allowing the Thermobalancing therapy to constantly affect the cause of the pain.

The cause of chronic back pain has been explained by Dr Allen in the Origin of Diseases as follows: the degenerative changes of intervertebral disc lead to swelling of the tissue around the spinal column. This creates the pressure and decreases of blood circulation, creating the focus of hypothermia in the tissue. This worsens the condition because it leads to capillary expansion, and consequently to greater pressure in the affected area and chronic pain.

Dr Allen's Device spreads the own body energy to the painful area eliminating the focus of hypothermia and the pressure. This is the only way to increase blood circulation in the affected area and to eliminate swelling. It will lead to back pain relief gradually.

### **Dr Allen's Device treats lumbar degenerative disc disease**

Degenerative disc disease is a gradual deterioration of the discs between the vertebrae with the main symptom - pain.

Dr Allen's Device treats the affected intervertebral disks by improving blood circulation. Indeed, this treatment of the cause of pain provides relief.

**Dr Allen's device** is a class 1 medical device that does not require the involvement of a notified body, since it is harmless. So, people can use it at home without worrying about the side effects. Fine Treatment delivers the device using Royal Mail and USPS tracking services.

It is very easy to use this device that costs less than \$ 200, including shipping, and is a cost-effective solution for treating an affected area that causes pain.

Thus, the energy of the human body treats the cause of chronic pain with the help of Dr Allen's device, which acts continuously and for a long period of time.